

Chipping Norton Lake Sailing Club
Sailing Instructions

Oct 2022

1 Rules

Races shall be sailed under the 2021-2024 Racing Rules of Sailing (RRS) with Australian Sailing Prescriptions and Addenda and the Australian Sailing 2021-2024 Special Regulations Part 2 Off the Beach Boats, all as modified by the sailing instructions.

2 Registration/Entries

Sailing craft crews intending to race shall complete registration on the prescribed form not less than thirty minutes before the race starting time.

3 Alterations to Sailing Instructions (RRS rule 88.2)

Alteration to these sailing instructions may be posted on the boatshed notice board not less than thirty (30) minutes before the race starting time and notice shall be drawn to such alteration at the briefing. The race committee has the power to announce alterations at the briefing, if necessary.

4 Briefing

The briefing may be held at the boatshed or launching area not more than 30 minutes before the first class/group starting time.

5 Postponing, or Abandoning a Race Before the Start

RRS rule 27.3 shall apply with an additional specific condition that races will not be started if winds are gusting over 27 Knots or if winds are not consistently above 3 Knots (unless participants agree to start in lower velocity winds).

6 Race Starting Times

The warning signal for the first class or group to be started shall be at or after 1355 AEST (Australian Eastern Standard Time) or 1455 AEDT (Australian Eastern Daylight Time). Morning races when scheduled shall be at or shortly after 1025 AEST or 1125 AEDT.

7 Courses

- I. Courses are set out on the CNLSC Course maps which appear in Appendix 1 of this document. It remains the responsibility of any crew to obtain a copy of the map of the course that will be notified to competitors at the briefing.
- II. The race committee may change a course at any time before, or with the warning signal of the first class group to start.
- III. All races using A or B course; will be deemed to be five laps for NS14, Laser and similar performance boats and four laps for the remaining classes unless notified during the race by the race committee to sail a reduced number of laps.

- IV. Course A marks must be all left to port except for mark C which must be left to starboard. (see Attachment 1)
- V. Course B marks must be all left to starboard except for mark C which must be left to port. (see Attachment 1)

8 Marks of the Course

The start/finish mark is a yellow cube, the start inner limiting mark is a white cube and the remaining marks of the course are orange spheres.

9 Starting Line

The starting line shall be between the yellow start/finish mark and the yardarm (usually on shore) in the starting area. An inner white limiting shore mark may be set between the start/finishing mark and the yardarm, and in this situation sailing craft must start between these two marks. The inner limiting mark is a mark of the course only at the start of the race. The inner limiting mark may not be directly aligned on the start line.

10 Start Signals

For all races the starting system shall be as per (RRS) rule 26 with a standard 5 minute warning signal.

Except that the warning signal is a red check flag (Code flag “U”) or club flag.

- I. When club racing, all classes will be started at the same time.
- II. When external championships are held in addition to club races, the club boats will be started five minutes after the championship boats, unless otherwise notified up to the briefing time.
- III. In multiple start races, sailing craft whose preparatory signal has not been made, shall keep clear of the starting area and of all boats that have been signalled and must stay off the course designated by an imaginary triangle formed by the starting line and the first mark. The only exception allowed to this instruction is where craft leaving the rigging area, have to cross the course to enter the starting area. In this circumstance competitors must cross at a distance of at least 30 metres from the starting line keeping a keen lookout for any sailing craft about to or having just started and keep clear of them.
- IV. A sailing craft shall not start later than 15 minutes after their usual starting signal.
- V. Times shall be taken from the visual signals; the failure or mistiming of a sound signal shall be disregarded.

11 Recalls and Starting Penalties

11.1 Individual recalls

RRS rules 29.1, 29.2, 30.1, 30.2, 30.3 & 30.4 shall apply.

Under normal starting conditions the “I” flag will be displayed and any recalled boats must return to the prestart side of the line approaching from the outside of the start outer mark or the outside of the limiting mark.

Note that the limiting mark is positioned as near as possible to the starting line, but is not necessarily on the line. It shall be the sole responsibility of an offending craft to return and start correctly. Failure to see or hear the recall shall not relieve it of its obligation.

11.2 General recall

RRS Rule 29.2, 30.1, 30.2, 30.3 & 30.4 shall apply

12 Shortening or Abandoning After the Start.

RRS Rule 32 shall apply.

- I. RRS Rule 32.1b re insufficient wind shall be amended by the CNLSC sailing course restrictions as follows:
The number of laps required to be sailed will be worked on the following formula;
 - 1) Under the general guideline that the race time for the majority of craft in the fleet should be close to 90 minutes and not less than 60 minutes.
 - 2) Slower craft in the same class may be finished on reduced laps at the discretion of the race committee but wherever possible all boats of the same class will be required to sail the same number of laps.
 - 3) In the case of Juniors or Sailors over 80yrs there is a requirement to complete only one lap to be considered as having sailed a valid race. Sailors in this category may elect to race further laps, in which case the race time will be determined by the number of full laps that they achieve.
 - 4) At the discretion of the race committee,
 - 5) If the leading boat takes over 60 minutes to complete a lap then the race shall be abandoned.
- II. RRS Rule 32.2 should be amended to: If the race committee signals a shortened course then each boat must fully complete the lap it is sailing and end by crossing the finish line.

13 Time Limit

There will be a general time limit of two and a half (2.5) hours to complete the required laps.

14 Sound Signals

- I. May be used simultaneously with the starting visual signals
- II. May also be used to acknowledge a sailing craft crossing the finishing line to finish.
- III. In conjunction with the “S” flag will be used to indicate race shortened, using a 2-3 second horn two times.
- IV. In conjunction with the “N” flag will be used to indicate race abandoned, using a 2-3 second siren three times.

15 Finish Line

This shall be a line between the yardarm (usually on shore) and the yellow outer start mark which craft must cross (in the normal sailing direction) on their final lap.

There is no requirement for competitors to pass through the finish line on any other lap. The white inner limiting mark forms no part of the finish line and vessels may pass either side of this mark to finish.

16 Signing Off

- I. All sailing Crews will be required to sign off within 60 minutes of the finishing time or retirement of the last competitor finishing. Failure to either sign on or off within the required time limits may be cause for disqualification.
- II. Vessels equipped with suitable two-way communication can sign off with the officials by radio or phone. Communication must include the sail number, the sailing craft's name and the words signing off. This must be acknowledged by the starter to be valid.

17 Retiring Sailing Craft

Retiring boats shall notify the race committee that they have retired within thirty minutes of their return to shore

18 Penalties

- I. For breaking rules of part 2 the 720 degree turns penalty, RRS 44.1 & 44.2 will apply.
- II. For touching a mark (RRS 31.1) the 360 degree turn penalty, RRS 44.1 & 44.2 rules apply.

19 Protests

All protests shall conform to RRS Part 5, rules 60, rules 60 to 62.2 and shall be logged on the prescribed form, with a member of the race committee (no fee required), no later than one hour after the finishing time of the last boat to finish. Prescribed forms are available at the boatshed.

20 Hearings, Decisions and Appeals

Will be conducted in accordance with RRS Section 5 rules 63 to 71.4

21 Regulated Crew Number per Entrant

Unless Class rules permit otherwise each boat entered in a race and wishing to participate in a club point score or championship race (refer #24) or in any prize giving race, must carry crew as follows:

- One sail carried minimum one crew
- 2 sails or more..... minimum 2 crew

22 Personal Buoyancy

Crews of all competing boats are required to wear, whilst sailing, appropriate personal buoyancy vests or life jackets in accordance with Australian Sailing, Special Regulations Part 2 (Off the Beach Boats) section 5.01. Inflatable lifejackets must not be used. (NSW law as administered by RMS now requires a minimum personal flotation device level of

50S or greater which is equivalent to the old type 3 or type 2 standard and is consistent with the Australian Sailing requirements.)

23 Conditions of Entry

In Club races, the race Committee may refuse entry if:

- 1) It is not satisfied that an entrant is a current member of Australian Sailing
- 2) It is not satisfied the entrant has adequate insurance.
- 3) It considers the crew may not be able to safely sail, taking into account the age, weight, the prevailing conditions and the experience of the entrant/s, particularly where the club's own boats are concerned.
- 4) A crew member is under 5 years of age.

24 When Class Rules do not Apply

In club races where only an open class competition is conducted, individual class rules will not apply. However each yacht must carry an adequate bailer if it is not a self-bailing design.

25 Scoring

- I. Only financial CNLSC members are eligible to compete in the Club's point score competition using the low scoring point score system. All competitors shall be included in the duty roster and will receive average points for that race provided the duty was performed personally by the competitor subject to a maximum of 4 duties per season in summer and 4 in winter.
- II. CNLSC members who have applied (in writing) for average points whilst sailing away at a regatta etc, must apply at least 7 days prior to the sailing date. Average points will not be granted more than 4 times per point score in summer and 4 times in winter.
- III. In all other events, the low scoring system will be used.

26 Handicaps

Handicaps will be determined according to a method agreed to by the members of the race committee.

27 Coaching & Outside Assistance

- I. On water coaching of inexperienced crews by a race official during club races is permitted. Such coaching will not constitute grounds for protest under Rule 41 (outside help)
- II. In the absence of an objection by another competitor, a craft may continue to race after receiving outside assistance to right a craft, dislodge its mast from the mud, or help the crew back into a craft. The race committee may elect to impose a time penalty on the craft in the event that an advantage has been gained by the rescue action. If an objection is made within one hour of the last competitor finishing then Rule 41 applies.

28 Indemnities

All those taking part in the CNLSC conducted races do so at their own risk and responsibility and completely and wholly indemnify the CNLSC and or the appropriate class association or club officials. The CNLSC is not responsible for the seaworthiness of a boat whose entry is accepted or the adequacy of its equipment. *The CNLSC reserves the right to refuse entry. Attention is drawn to RRS Rule 3 (Acceptance of the Rules) and 4 which states:*
The responsibility for a boat's decision to participate in a race or to continue racing is [theirs](#) alone.

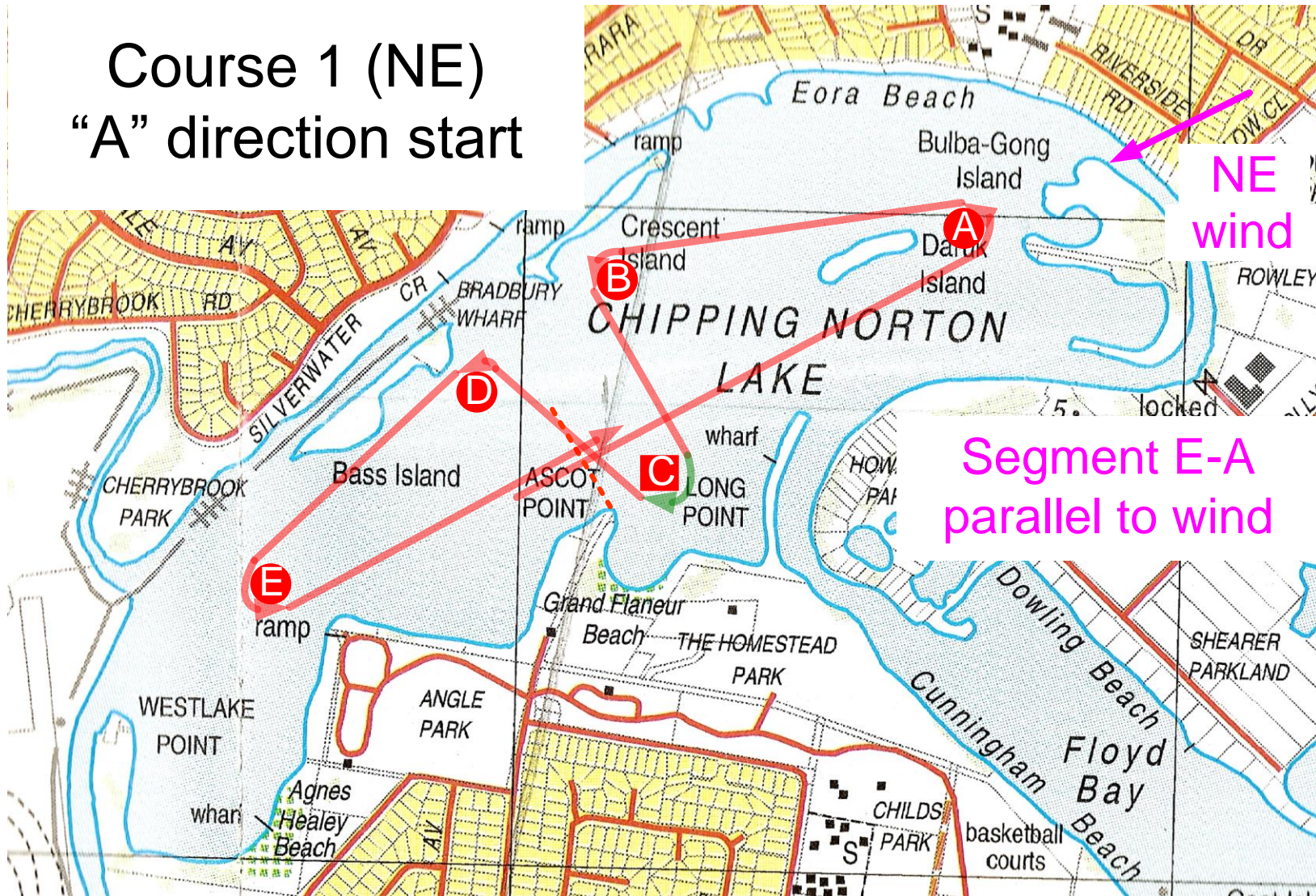
29 Tides

Tide times for Chipping Norton Lakes are approx. 2 ½ hours later than Fort Denison.
END

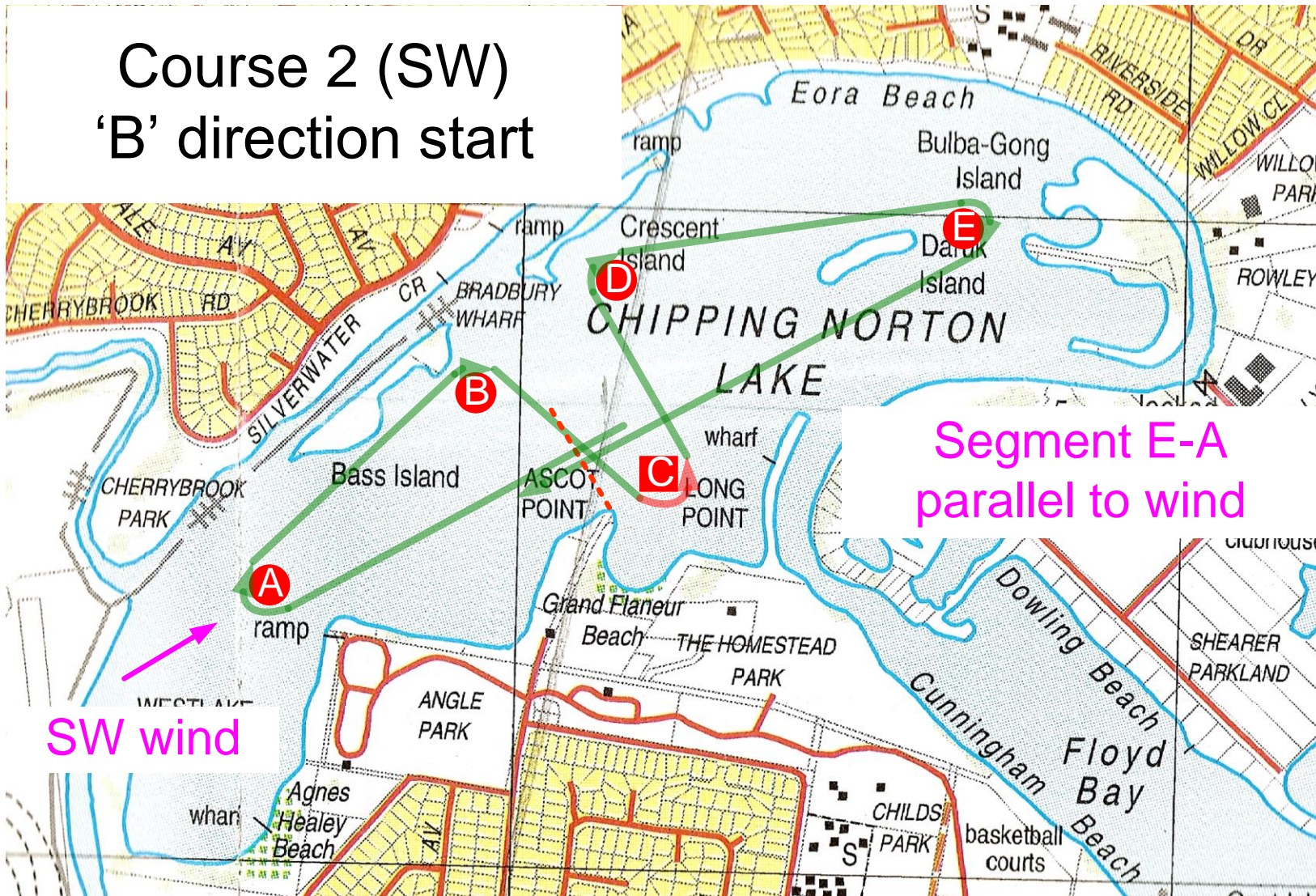
APPENDIX 1 Course Maps



Course 1 (NE) "A" direction start



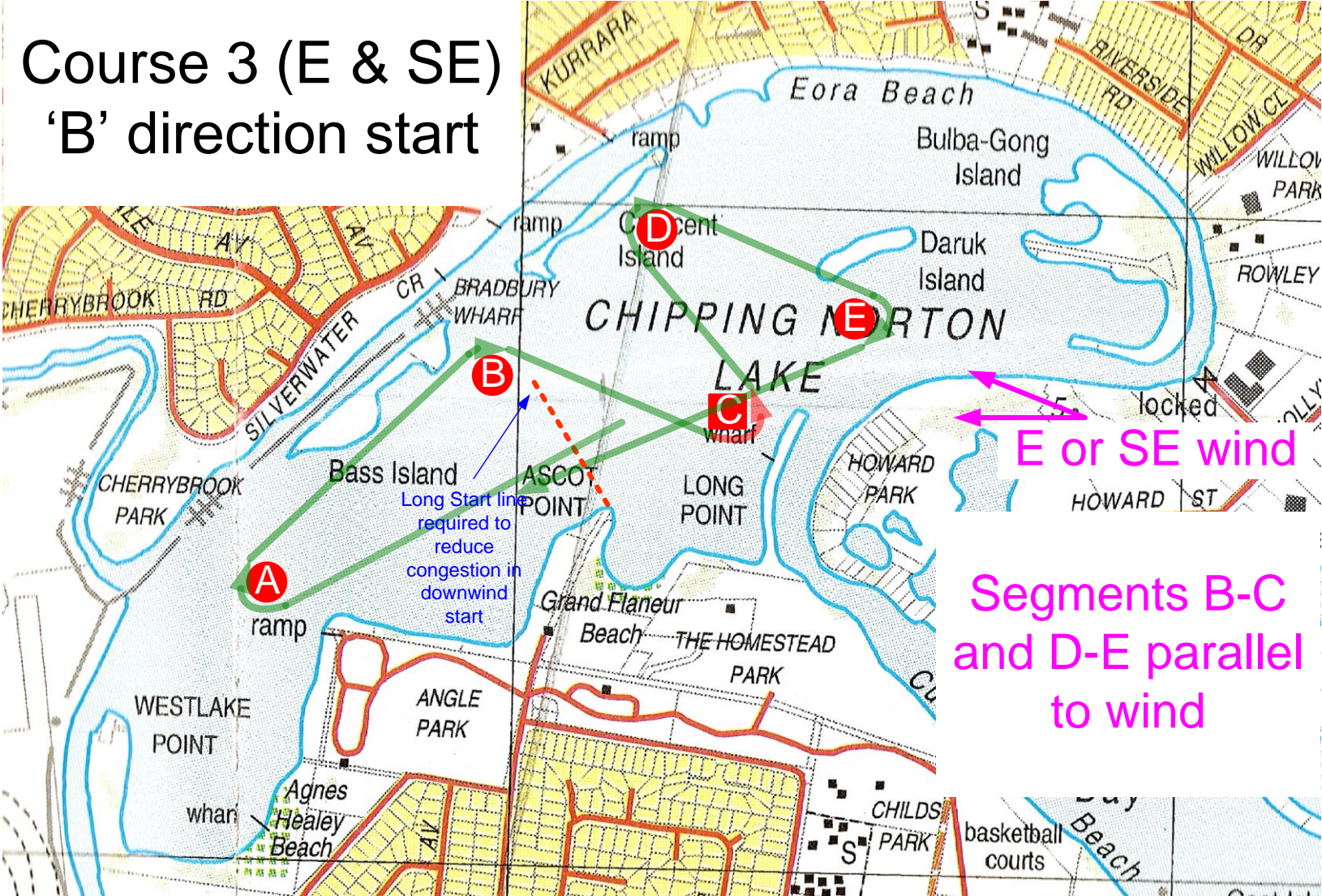
Course 2 (SW) 'B' direction start



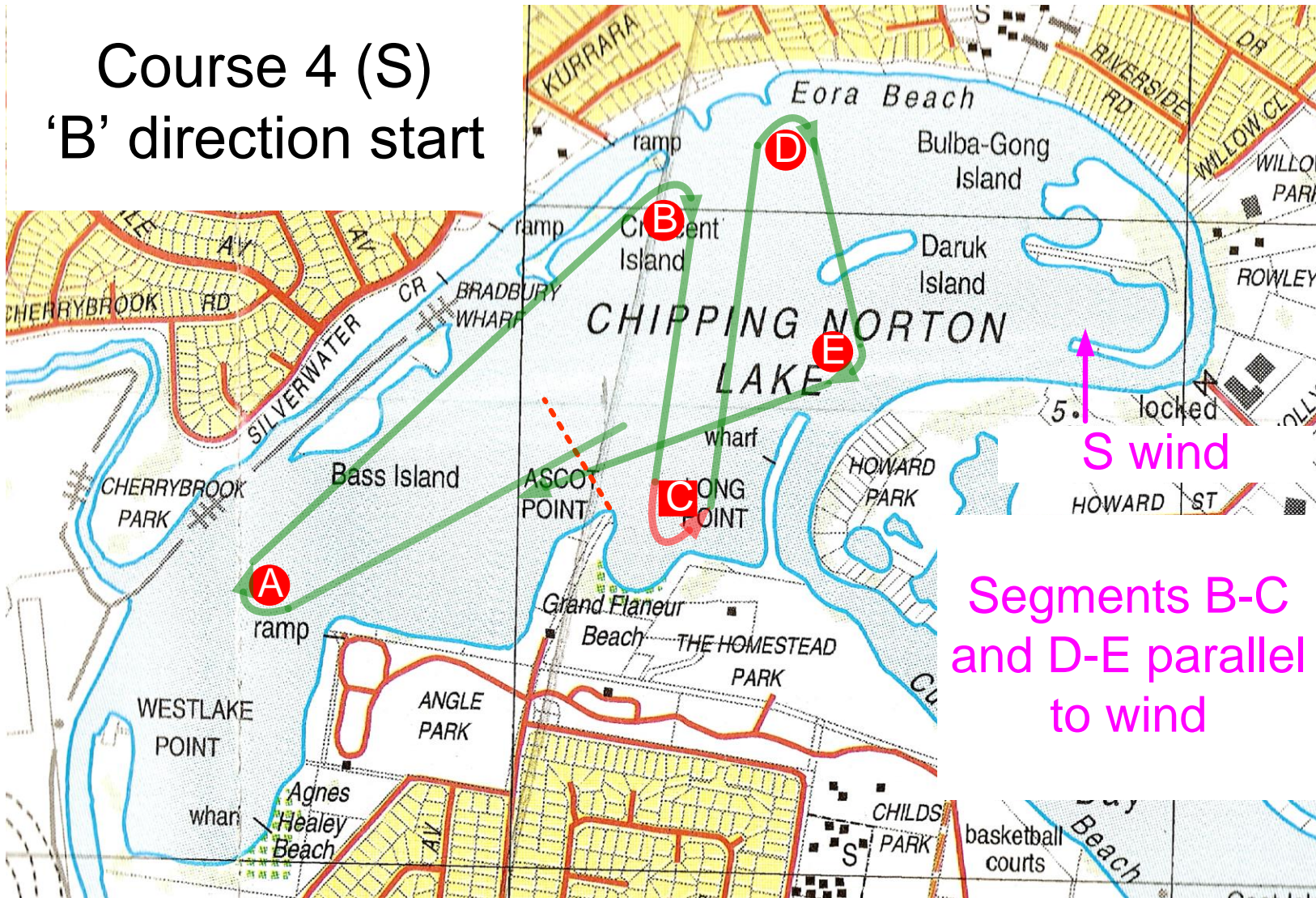
SW wind

Segment E-A
parallel to wind

Course 3 (E & SE) 'B' direction start

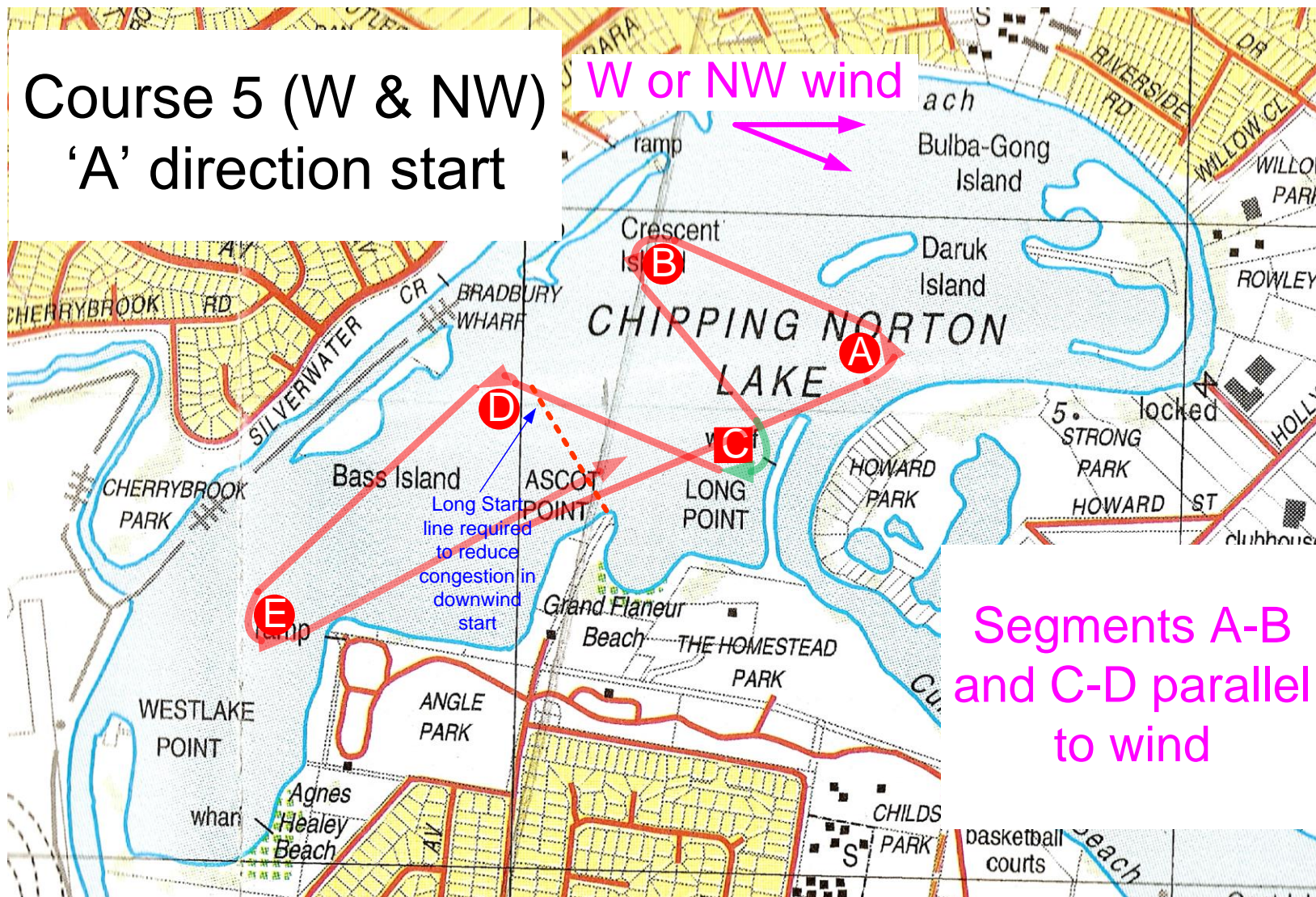


Course 4 (S)
'B' direction start



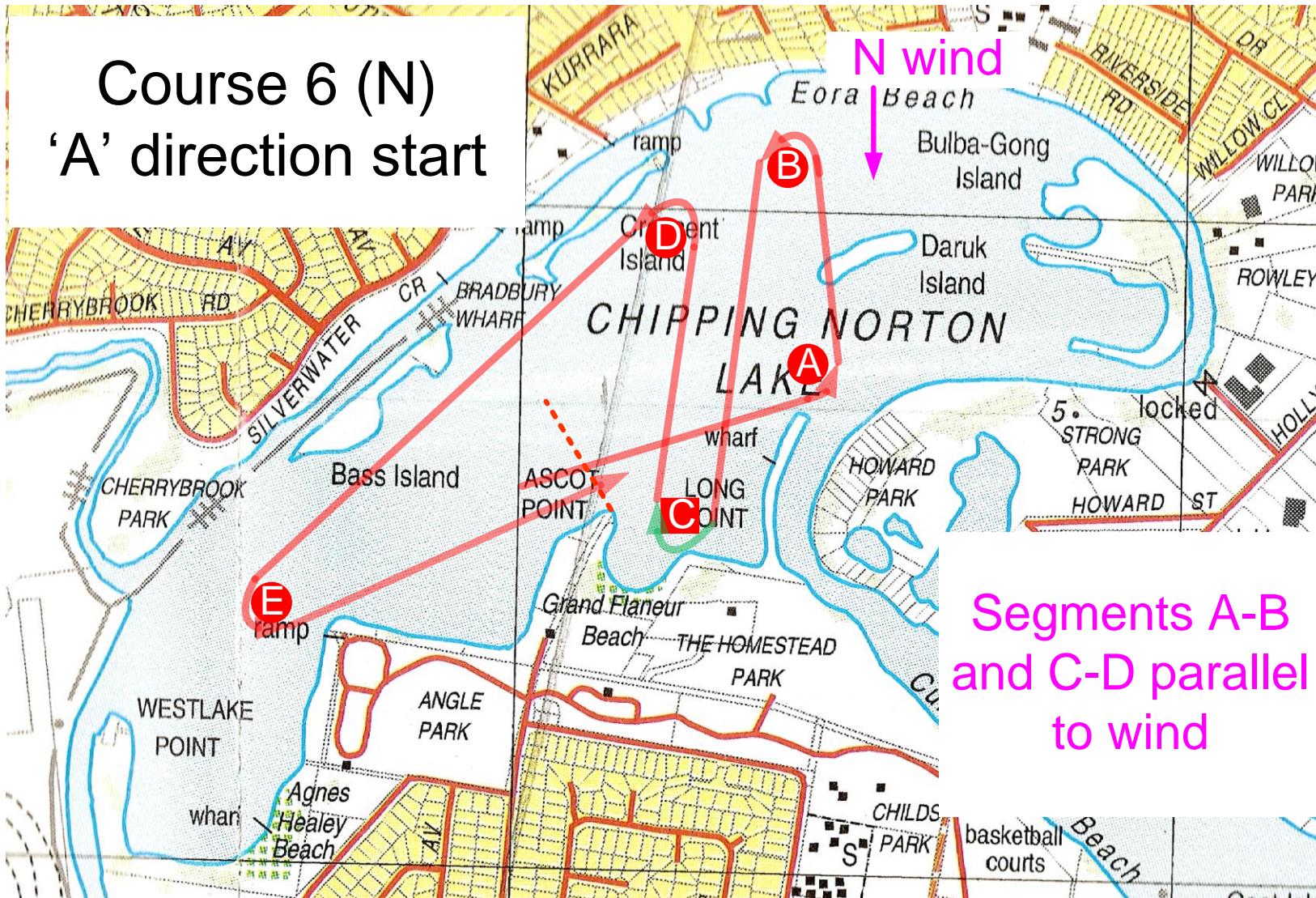
Course 5 (W & NW) 'A' direction start

W or NW wind



Segments A-B
and C-D parallel
to wind

Course 6 (N) 'A' direction start



Segments A-B
and C-D parallel
to wind